

Helping to Heal:

Conversations About Trauma-Informed Principles

Transparency and Trustworthiness

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“I wanted to have a better understanding of myself and what was going on in my past when I was younger. And as a child, I honestly think that was probably one of the important things that I needed at the time, even though I did need help. Even though there were behaviors.”

Tyrome Launderville,
Advocate



Help people understand what is happening with their supports and services



Have a good understanding of what someone needs to positively support them



Understand how the person you support learns best



See people as more than what is written about them

Organizational operations and decisions are conducted with transparency with the goal of building and maintaining trust with clients and family members, among staff, and others involved in the organization.

Substance Abuse and Mental Health Services Administration. SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach. HHS Publication No. (SMA) 14-4884. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014.

For more information and resources on trauma and trauma informed practices, visit The Link Center website: thelinkcenter.org